

OWEN WRESTLING

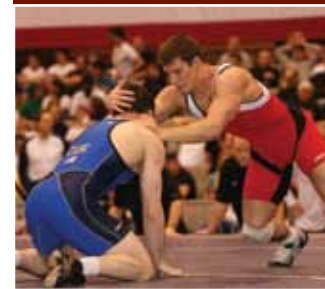
2013 CAMPS

O.T. | Owen-Trained
for over 30 years

JUNE 23-26

EASTERN WASHINGTON UNIVERSITY
Cheney, WA

\$295 per wrestler
\$175 / \$200 commuter (lunch / lunch and dinner)



*"Training
Champions"*



Owen Team Camp provides half of the live matches in one week that wrestlers would normally receive in one full season of high school competition.

Find us on:
facebook.

www.owenwrestling.com



The EWU Jim Thorpe Fieldhouse is large enough to allow the use of 12 full-size mats for dual match competition each day.

TECHNIQUE CAMP

- Three technique sessions daily
- Swimming
- Organized games
- Takedown tournament last evening of camp
- Large and small group method of instruction
- Live wrestling after morning session
- Camp store open during camp hours
- We welcome age 10 through grade 12
- Tournament at end of camp
- Camp ends promptly at 11 am, Wed. June 26

TEAM CAMP

- Weigh in at check-in
- Official state weight classes, plus a 3 lb. allowance
- Three sessions of wrestling held daily
- Morning session focuses on technique
- Dual meet competitions at afternoon and evening session
- Team champion will be crowned at the end of camp following the weekly pool competition
- Awards will be presented to each member of the winning team
- Each wrestler will compete in an individual take-down tournament on the last evening of camp
- Camp ends promptly at 11 am, Wed. June 26

MEDICAL INSURANCE

Each camper is responsible for his/her own insurance. NO ONE will be admitted to the camp without a signed emergency release including an insurance policy number (on the application form).

For more information call
509.220.4959

Visit our website at
www.owenwrestling.com
Email: jowen642@aol.com

2013 OWEN WRESTLING CAMP APPLICATION

I will attend **Eastern Wash. Univ.** June 23-26 \$295 Technique Camp Team Camp Commuter \$175 (incl. lunch) Commuter \$200 (incl. lunch and dinner)

T-Shirt size (circle one) Men's S M L XL XXL XXXL

Last Name _____ First Name _____ Age _____ Weight _____

Address _____ City _____ State _____ Zip _____

Name of School _____ Grade _____ Contact email _____

In case of injury or illness, necessary emergency treatment is authorized.

Insurance Company _____ Policy Number _____

I hereby release Owen Wrestling Camp from any and all liability and injuries or illness incurred while in camp. In case of illness or injury incurred while in camp, I authorize the said camp to act for me in any medical emergency, according to their best judgement.

Home Phone _____ Cell phone _____ Email _____ Parent/Guardian Signature _____

Enclosed is my deposit. (Check or money order). Deposit fees: EWU Overnight \$150 • EWU Commuter \$100

The balance due will be paid upon my arrival at camp. Deposits are non-refundable. Make checks payable to Owen Wrestling Camp and mail with application to Owen Wrestling Camp • P.O. Box 486 • Veradale, WA 99037.

After receiving your deposit, we will send you a confirmation email.

FEATURED CLINICIANS



ADAM HALL, Assistant Coach at Columbia University. Hall is a former NCAA All-American and Pac 10 Champion for Boise State University. His 122 career victories at BSU ranks second in Boise State wrestling history. Hall is training full-time and is working towards a spot on the Olympic team. He is rated 5th on the current senior rankings at 145 1/2 pounds.



ANDREW HOCHSTRASSER, Assistant Coach at Boise State University, was a two-time All-American at BSU placing 4th and 2nd at the NCAA Tournament. He is a former four-time Utah State Champion, and is currently ranked 7th in the senior ladder at 133 pounds. He is training as an Olympic hopeful.



SHANE CUNANAN, Assistant Wrestling Coach, Luhanigluna High School in Hawaii. Shane placed 6th at the NCAA National Tournament in 2003 for West Virginia University. He is a former Washington State Champion from Central Valley High School.



SHAUN WILLIAMS, Head Wrestling Coach at Hermiston High School. Shaun placed 11th at the 2003 World Championships and was an Olympic Team Member for South Africa in the 2004 Olympics in Athens.

PERMANENT STAFF



JOHN OWEN, Camp Director. Head Coach at Central Valley High School and former Head Coach at North Idaho College, Owen took his teams to eight national junior college team titles. This Hall-of-Fame coach produced 116 All-Americans and 35 individual champions in 20 years.



TOMMY OWEN, Assistant Coach at George Mason University. Tommy was an NCAA Qualifier in 2004 and 2005 for the University of Minnesota. He was a Junior National Freestyle Champion in 2002, and is a former three-time Washington State Champion and a 2001 National High School Champion.



BRIAN OWEN, is a junior at Boise State University. Brian was a 2009 and 2012 National qualifier for BSU, a PAC 12 champion this past season, an ASIC National Junior Freestyle runner-up in 2007 and a former Cadet National champion. Brian won two state Championships in Washington for University High School.



PAT OWEN, Assistant Coach at Polson High School, after six years as the assistant coach at Harvard University. He is a career 100 Win Club at the University of Michigan, placed 2nd at the Las Vegas Invitational in 2003, was a NCAA National Qualifier in 2003 & 2004 for Michigan, and a former three-time Montana State Champion.

2013 OWEN WRESTLING CAMPS

EWU Jim Thorpe Fieldhouse



Home to Owen Wrestling Camp for the past 12 years, teams practice and compete in the spacious sports field house. This complex is large enough to allow the use of 12 full-size mats for dual match competition each day. The workout facility, dorm, and food service provides a perfect learning atmosphere for our campers.

Camp Philosophy

For 30 years, takedowns has been our theme at Owen Wrestling Camps. All three levels of collegiate-style wrestling will be covered during technique sessions at Owen Camp.

CAMP COSTS

Eastern Washington Univ \$295

Price includes wrestling sessions, meals, lodging, and a camp t-shirt. A camp discount of \$5 per person is available for those teams enrolling five or more wrestlers from the same school.

EWU Commuter rate**option 1:** \$175

Price includes all sessions, t-shirt and lunch

.....**option 2:** \$200

Price includes all sessions, t-shirt, lunch and dinner
Please visit spokanetransit.com for information on bus route 66 from Spokane area locations to the EWU campus.

Coach rate for EWU

- \$150
- \$100 with five wrestlers enrolled
- FREE with 10 wrestlers enrolled

CLIP AND SAVE

- Check in: **EWU Streeter Hall**
10 am-noon
- First session starts at 2 pm on June 23, EWU Jim Thorpe Field House
- Transportation pickup is provided for campers who travel by train, plane, or bus

CAMP SCHEDULE

Breakfast.....	7:30 - 8 am
Session I.....	9 - 11 am
Lunch.....	11:30 am - 12:30 pm
Session II.....	2 - 4 pm
Organized games.....	4 - 5 pm
Dinner	5 - 6 pm
Session III.....	7 - 9 pm
In rooms.....	10:30 pm
Lights out.....	11 pm

WHAT TO BRING

Sleeping bag, pillow, towels, toiletries, work-out gear, wrestling shoes, casual play clothes, warm jacket or sweat shirt, and swim suit. Head gear, singlets, and room fan optional.

