Storm the Castle Summer Wrestling Camp @ Stadium High School

111 North E Street, Tacoma, WA 98403

July 8-11, 2024 -- 9:30 AM to 3:15 PM Daily

DETAILS: This Wrestling Camp is for wrestlers of all skill levels in grades 3 through 12. Individual attention will be based on time, age, skill, and ability. All campers will need to bring their own lunch from Monday through Wednesday. A free lunch will be provided for everyone on Thursday, July 13th.

Camp Fees are \$100 per wrestler.

There will be seven 90-minute, clinicianled sessions and three matches each day (Monday thru Wednesday). On Thursday, there will be a free lunch and a takedown tournament in the afternoon. There will be a podium ceremony and champions will be awarded 1st Place medals. Everyone will receive a camp T-shirt.

** A Certified Trainer will be onsite throughout the camp's entirety.

2024 Camp Clinicians

Shawn Gaspaire: 3rd Degree BJJ Black Belt, 30 years coaching experience Lilyana Lamothe: 3X WIAA State Placer, 2X Finalist, State Champ

Elijah Miller: 2X WIAA State Placer,

3X WSWA State Placer

Ezra Miller: 2x WIAA State Placer, State Champ, Reno Worlds Champ Ryley Nager: 2X WIAA State Finalist,

State Champ, Reno Worlds Champ,

2X All-American

Clarkston Richard: 2X WIAA State
Champ, Former D-1 Wrestler

Terry Smith: WIAA State Placer, Current Wrestler @ University of Wisconsin-Eau Claire

Jake Swartz: 3X PAC-12 Champ, 3X WIAA State Champ, D-1 All American, Fitness Quest Manager and Trainer

Camp is limited to 125 Participants.

Contact coach Richard at crichar@tacoma.k12.wa.us to ensure your child's participation in Storm the Castle Summer Wrestling Camp.

*All proceeds will go toward funding SHS Wrestling Teams 2024-2025 season expenses.